

# Healthiest Nation 2030

Let's make America the healthiest nation in one generation.



NATIONAL PUBLIC HEALTH WEEK 2015



# National Public Health Week

[www.nphw.org](http://www.nphw.org)

AN INITIATIVE OF THE AMERICAN PUBLIC HEALTH ASSOCIATION



## Raising the Grade

MON, APRIL 6

### Nutrition with a Twist

Westbank Regional Library  
2751 Manhattan Blvd.  
Harvey, LA 70058  
**11a-1p**

Open to public, light lunch provided. Conversations on wellness, nutrition and exercise with interactive games and resources.



## Starting from Zip

TUES, APRIL 7

### Ribbon Cutting Ceremony Wellness Center

United Houma Nation  
**3p-6p**

Open to Houma tribal members and spouses. Health education and outreach initiative.



## Building Momentum

WED, APRIL 8

### Wellness Wednesday

Manifested Miracles  
3101 Bruxelles St.  
New Orleans, LA 70119  
**10a-12:30p**

Open to public, light lunch provided. Diverse community advocates provide interactive and empowering wellness activities.



## Building Broader Connections

THURS, APRIL 9

### Cardiovascular Disease & Women's Health

Plaquemines Medical Center  
27136 Highway 23  
Port Sulfur, LA 70083  
**10p-12p**

Open to public, light lunch provided. Health education with interactive question and answer segment.



## Building on 20 Years of Success

FRIDAY, APRIL 10

### Breast & Cervical Cancer Education & Early Detection

Healthy Start New Orleans  
**12p-2p**

Open to Healthy Start participants and staff.



Tulane and Community Partners will be interviewing with NPR StoryCorps! Stay tuned for the airdate!

### Special thanks to our Community Partners for making this week happen!

NPR StoryCorps, Unheard Voices of LA, Hispanic Workers' Rights Initiatives, Human Relations Commission, MQVN CDC, VEGGI Farmers Co-op, PIC Healthy Start, WIC, United Houma Nation, Manifested Miracles, New Orleans Public Library, The Amazons, Eva Hurst, LA Healthcare Connections, New Orleans Musicians' Clinic, Plaquemines Medical Center, Healthy Start New Orleans

FOR MORE INFORMATION CONTACT: ANNA HASSAN (504) 988-1322